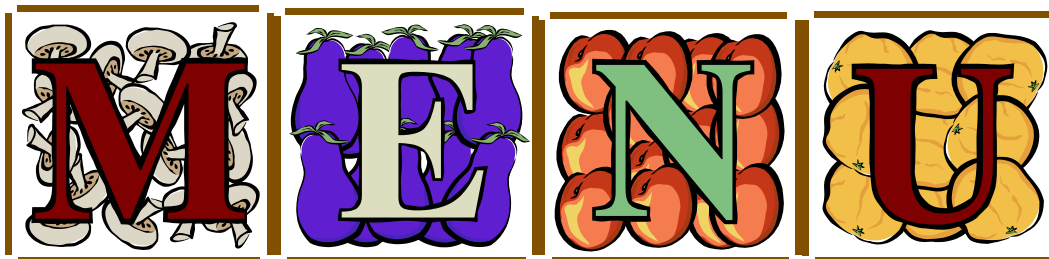


# CAMPBELLTOWN CHILDREN'S CENTRE



## WEEK 2

**SNACK**  
9.30 am

**LUNCH**  
11.30 am

**SNACK**  
2.30 pm

**LATE SNACK**  
5 pm

<b>MONDAY</b>	<b>FRUIT</b>	<b>Savory Beef &amp; Baked Potato</b> (beef mince, onion, tomato sauce, soy sauce, mixed herbs, carrots and peas)	<b>Pikelets</b> with cheese slices, sultanas and dried apricots.	Cheese & Crackers
	Milk	Whole meal bread Water	Milk	
<b>TUESDAY</b>	<b>FRUIT</b>	<b>Vegetable Spaghetti</b> (seasonal vegetables, garlic, basil, red kidney beans, onion, tomato, tomato paste and oil)	<b>Kabana</b> with cucumber, cheese, capsicum and assorted crackers.	Cheese & Crackers
	Milk	Wholemeal bread Water	Milk	
<b>WEDNESDAY</b>	<b>FRUIT</b>	<b>Roast Chicken &amp; Wedges</b> (sliced chicken and potato wedges. With lettuce, tomato and cucumber)	<b>Apple and Cinnamon Scroll</b>	Cheese & Crackers
	Milk	Wholemeal bread Water	Milk	
<b>THURSDAY</b>	<b>FRUIT</b>	<b>Stir fried Beef &amp; Vegetables</b> (with Hokkein noodles, beef strips, seasonal vegetables, sweet soy sauce and oil)	<b>Mixed Sandwiches</b> (ham, chicken, cheese egg, tomato, cucumber, and lettuce)	Cheese & Crackers
	Milk	Wholemeal bread Water	Milk	
<b>FRIDAY</b>	<b>FRUIT</b>	<b>Pizza or Vegetable Patties</b> (pizza- ham, cheese, mushroom, pineapple, olives, capsicum and herb tomato base. Both with tomato, lettuce, Cucumber and capsicum)	<b>Pears and Peaches</b> with custard	
	Milk	Wholemeal bread Water	Milk	

### INFANTS MENU

**LUNCH** – Pumpkin, zucchini, potato, pureed, mashed, etc. according to the individual child's needs.

**SNACK** – Pureed pears, apple, apricot or peaches with muesli or yoghurt.

**DRINKS** – Water and whole milk are offered at meal times, Drinking water is freely available at all times.

*If you have any menu suggestions, please pass them on to Office.*